Dowsing and Intuitive Gardening Course

an empowering Path to regaining confidence in your own Intuition and working in partnership with Nature

Presented by Soul Sanctuary

The course will be delivered in modules over weekends beginning on the 19th of February, ending the 18th of June 2011 taking place in various gardens around Cape Town

What is Dowsing?

Dowsing is a technique of revealing the underlying information by by-passing the conditioned mind to connect directly with one’s intuition through the use of the body’s energy field. Similar to the principal of a lie detector test or muscle testing - dowsing taps into the ability of the body to Know what is beneficial or detrimental to you. We experience all these sensations in every moment; all we have to do is re-learn what they are and what they feel like.

A familiar image we have of a dowser is of an old weather worn person walking over a landscape holding a forked stick, looking for underground water. This is only one type of Energy we can resonate with. In the course we cover over 70 different items, each with their distinctive vibration. The expansion of this technique opens the Doorways of Perception to limitless possibilities...

One can consult an Oracle for their sacred Wisdom or listen to an ever-patient Grandfather Tree. One can communicate freely with a host of guides, devas and helpers. We then know that to delve into the mysteries, to bend the frame of apparent reality, what seemed weird before is actually normal. This is the difference between a Maze and a Labyrinth.

Soul Sanctuary and Dowsing

Within our business as Intuitive Landscapers, we refine the use of dowsing as a tool for communication with Nature with the understanding that the Earth is a living, conscious being. This awareness allows us to work alongside Nature in a co-creative partnership transforming detrimental energies and creating and enhancing all the positive ones (we find this much more efficient and fun!!). We also use this technique for connecting with the subconscious desires from the people, animals & spirit beings that dwell on the land to receive a clear way forward that honours all. Nurturing the soul’s needs is where sanctuary is found.

Please contact us if you would love us to dowse your land, do the transformations and/or do an Intuitive Garden Process, Design and Landscaping (or any part thereof).
Course Objective

Our intension is to share what we have learnt so that this way of working with one’s intuition can become more common place. We envision a world where we all take action in alignment with our core truths and in the best interest of Life on our planet. Journeying with us, you will learn the tools required to practice tuning into the subtleties of your soul, how to remain centred so that with focus the results are accurate and helpfully informative. From here there are no veils, just magic waiting in willingness.

The course is broken up into modules to allow participants to focus on their particular area of interest. Please enquire if you choose not to do the whole course, so we can ensure that you have the relevant experience required for the later modules.

Course Modules

*(Please see attached document for module descriptions and dates)*

We will be offering additional practicals where possible on weekdays, as our schedule allows. My wish is that you practice frequently between modules, possibly resit in the same modules and come to the Practicals, where I will offer the opportunities to make your own rods and pendulums (there will be pendulums and dowsing rods for sale on the course).

Facilitators

**Mark Wellens**

*Assisted by Annwen Mazetti*

*(Please see attached document for more info)*

Course Fees

This fee covers training and typed notes for each module including dowsing lists which Mark has spent many years compiling and refining.

- **R500 per day** (there are 18 days all together excluding the optional repeats)
- **R250 per day** to participate in a repeat module
- **R150 per day** for Practicals
- **R8 000 for the whole course** if participants pay up front (this includes a R1000 discount)

Venues

We invite participants to volunteer their garden space- this allows us to experience many different sites together and participants will have the benefit of having their property worked on. We will visit the sites beforehand to determine which is most suitable for particular modules. As soon as we have chosen venues we will send an updated schedule with venues to all those who express interest in attending.

**Come Play with us and jump into the Abliss!**
About Mark:

“My passion in life is to re-empower myself and others in as many realms as possible. Nature is the easiest and safest place to begin this journey. My ah-ha moment came when I realised I could tap into information very quickly through dowsing techniques that would allow my work to go to a depth unprecedented by the old system of instant plan and quote, which would just have been my ego-expression leading into cloning of the same garden concepts. As in any profession, having the right tools gets the job done and so I set out creating these techniques offered in the training modules. 12 years of active Landscaping experience has broadened my practical skills so that quality of workmanship and attention to details can meet the desired wishes. Harmony is the foundation layer between Annwen, our staff, the family and all nature beings, allowing us to tackle any job presented with enthusiasm, playfulness and honour. Taking these skills and applying them to all realms of our lives has allowed me to support others in their personal capacity and in their family dynamics. Corporate environments also benefit from creating healthy environments for their staff and transforming energetic blockages and imbalances that hinder their success.”

Mark is a proud father of 2 girls, Kiani & Tila and has a passion for Community

About Annwen:

"As a child I spent most of my play time outdoors and was encouraged to honour the earth energies I encountered there. I was enchanted by books like The Far Away Tree, The Secret Garden and Cicely Barker’s Flower Fairies and developed a rich inner landscape of my own that merged with my overgrown garden playground, setting me on a garden path for life. Later in my teens I had an insight that I wanted to create sanctuary, be a sanctuary and encourage others to find sanctuary within. I was guided to landscaping as a medium for this by my natural desire to be surrounded by and co-create with nature and to create art. I studied landscaping at Cape Technikon and have been designing, creating and caring for gardens ever since. One of my favorite moments of the design process is when I can gather up the threads of my client’s desires, nature’s desires and its practical influences, and my creative inspiration and then weave them together into a cohesive whole. I take pencil to paper and allow myself to be the medium through which Co-Creation between Man and Nature can begin to take place. Having the additional information Mark has revealed through his dowsing is delighting me in the extra dimension it is adding to this creative process. My desire is to create sanctuary, delight and enchant…. and act as nature's agent in seducing humans into deeper states of connection with the earth and their own divinity"
Dowsing & Intuitive Gardening Course Modules

**Dowsing:**

**Pendulum**  
**Sat 19 Feb, repeated on Sun 27 Feb**  
This is the tool of preference for use in identifying various forms of energies from lists and for Map Dowsing. You will learn its many practical applications and techniques.

**Dowsing Rods**  
**Sun 20 Feb, repeated on Sat 26 Feb**  
This is the dowser’s main tool for finding and verifying energies on the land & in buildings.

**Map & Land Dowsing**  
**Sat 5 – Sun 6 March, repeated Sat 26 – Sun 27 Mar**  
Map Dowsing is the easiest, most neutral and efficient way to dowse for energies. It is the best precursory layer to land design and can be done remotely. It has the further advantage of keeping a record of the energies present, which through Land Dowsing, are verified on the Land. The energies dealt with here are all safe and easy to practice on.

**Advanced Dowsing of Earth Energies**  
**Sat 2 – Sun 3 Apr, repeated Sat 9 – Sun 10 Apr**  
In this module, I will introduce the more esoteric and unusual energies relating to Land and its inhabitants. You will guided into a deeper understanding and learn techniques for protection in this realm.

**Transforming Earth Energies**  
**Sat 16 – Sun 17 Apr, repeated Fri 22 – Sat 23 Apr**  
All the awareness is to limited avail if we do not empower ourselves consciously into helping the transformation of these energies where they are discordant, so they do not affect us. Techniques of journey work and treatments will be offered.

**Intuitive Design:**

**Intuitive Gardening Process**  
**Sat 7 – Sun 8 May, repeated Sat 14 – Sun 15 May**  
Awareness of practical site assessment and conscious wishes of you or the guardians of the land are noted. Aspects of the land that need balancing will be added to the subconscious wishes for all people, animals, plants and spirit beings to get the bigger picture necessary for co-creation to happen.

**Garden Design**  
**Sat 22 – Sun 23 May, repeated Sat 28 – Sun 29 May**  
This is the creative process that takes all the information received in the other modules and allows for creative impulses to be blended into a workable design that answers the desires of all in harmony, creating your Soul’s Sanctuary.
Hands-on Gardening Skills:

**Plant Choice & Positioning**
**Sat 4 – Sun 5 Jun**
Everyone is overwhelmed with choosing plants. Techniques are offered with our personalised lists for how to bypass the need for having to know all this information. You will also be guided into how to allow plants to choose their own positions (obvious if you entertain the thought of having to be rooted in one place for one’s entire life).

**Rock work**
**Sat 11 – Sun 12 Jun**
This is where our conditioning about soil & rocks being lifeless gets thrown out the window. You will experience the magic of this connection and how to practically place & build with rocks, including walls, water features and other features.

**Pruning**
**Sat 18 – Sun 19 Jun**
Understanding growth & forms in plants helps to determine the best pruning techniques that limit injury and that can be beneficial for the plant. Knowing the spiritual process behind pruning avoids chaotic re-growth and allows you to be a sculptor instead of a hacker.