

what is your main health concern?

Refer to your doctor

Toxic & Essential Elements; Hair

TOXIC METALS

		RESULT µg/g	REFERENCE INTERVAL	PERCENTILE 68 <sup>th</sup> 95 <sup>th</sup>
Aluminum	(Al)	2.5	< 7.0	██████████
Antimony	(Sb)	0.031	< 0.066	██████████
Arsenic	(As)	0.054	< 0.080	██████████
Barium	(Ba)	0.26	< 1.0	██████████
Beryllium	(Be)	< 0.01	< 0.020	
Bismuth	(Bi)	0.007	< 2.0	●
Cadmium	(Cd)	0.032	< 0.065	██████████
Lead	(Pb)	5.1	< 0.80	██
Mercury	(Hg)	0.29	< 0.80	██████████
Platinum	(Pt)	< 0.003	< 0.005	
Thallium	(Tl)	< 0.001	< 0.002	
Thorium	(Th)	< 0.001	< 0.002	
Uranium	(U)	0.012	< 0.060	██████████
Nickel	(Ni)	0.14	< 0.20	████████████████████
Silver	(Ag)	0.12	< 0.08	██
Tin	(Sn)	0.11	< 0.30	██████████
Titanium	(Ti)	0.27	< 0.60	██████████
Total Toxic Representation				██

EDTA soap + Metal Away  
work on methylat

Nerve Calm + Gal  
EDTA soap  
Metal Away

ATP + Ribosph  
+ Mitofore  
COQ10

Total Toxic Representation

As needed for symptoms of detox:  
Inflammatory Pathway Caps  
+ General, Comfort = Nerve Calm nvc. blends



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ESSENTIAL AND OTHER ELEMENTS			
	RESULT µg/g	REFERENCE INTERVAL	PERCENTILE 2.5 <sup>th</sup> 16 <sup>th</sup> 50 <sup>th</sup> 84 <sup>th</sup> 97.5 <sup>th</sup>
Calcium (Ca)	278	200- 750	
Magnesium (Mg)	22	25- 75	
Sodium (Na)	72	20- 180	
Potassium (K)	27	9- 80	
Copper (Cu)	17	11- 30	
Zinc (Zn)	180	130- 200	
Manganese (Mn)	0.12	0.08- 0.50	
Chromium (Cr)	0.36	0.40- 0.70	
Vanadium (V)	0.034	0.018- 0.065	
Molybdenum (Mo)	0.024	0.025- 0.060	
Boron (B)	1.1	0.40- 3.0	
Iodine (I)	0.38	0.25- 1.8	
Lithium (Li)	0.008	0.007- 0.020	
Phosphorus (P)	138	150- 220	
Selenium (Se)	0.67	0.70- 1.2	
Strontium (Sr)	0.50	0.30- 3.5	
Sulfur (S)	46700	44000- 50000	
Cobalt (Co)	0.005	0.004- 0.020	
Iron (Fe)	6.9	7.0- 16	
Germanium (Ge)	0.033	0.030- 0.040	
Rubidium (Rb)	0.026	0.011- 0.12	
Zirconium (Zr)	0.013	0.020- 0.44	

SPECIMEN DATA		RATIOS	
COMMENTS:		ELEMENTS	RATIOS
Date Collected: 10/23/2018		Ca/Mg	12.6
Date Received: 10/30/2018		Ca/P	2.01
Date Completed: 10/31/2018		Na/K	2.67
Methodology: ICP/MS		Zn/Cu	10.6
Sample Size: 0.2 g	Sample Type: Head	Zn/Cd	> 999
Hair Color: Gray	Treatment:		
Shampoo:			
		RANGE	
		4- 30	
		0.8- 8	
		0.5- 10	
		4- 20	
		> 800	

Testing you against common metals

Metals	Level	
Aluminium	LOW	8%
Antimony	LOW	25%
Arsenic	HIGH	94%
Beryllium	MEDIUM	63%
Bismuth	HIGH	73%
Cadmium	HIGH	81%
Chromium	MEDIUM	43%
Cobalt	MEDIUM	42%
Copper	MEDIUM	49%
Dental Amalgam	MEDIUM	61%
Gold	MEDIUM	45%
Magnesium	MEDIUM	35%
Manganese	MEDIUM	56%
Molybdenum	HIGH	95%
Palladium	LOW	5%
Silver	HIGH	89%
Strontium	MEDIUM	50%
Tin	LOW	22%
Titanium	MEDIUM	46%
Vanadium	HIGH	97%
Lead	MEDIUM	38%
Mercury	LOW	14%
Nickel	MEDIUM	68%
Zinc	HIGH	90%

A **LOW** reading is from 1% - 29%

A **MEDIUM** reading is 30% - 69%

A **HIGH** reading is 70% - 100%

Thank you for ordering your metals test.

Health history for hair test 1384

I am 69 next year (DOB 05/04/1950) I'm 5 foot 10 and 84 kilos.

I live in the UK.

By the time I was 17 or 18 had at least 6 amalgam fillings.

My mother had had her teeth replaced by dentures when she was relatively young and so I don't know if any mercury was passed to me from her.

My younger years and times were difficult, in that my concentration was poor, and I had always suffered from chronic bronchitis and sinusitis and tonsillitis, to the extent that in my late teens, the Drs, wanted to

Throughout my earlier years I had more dental work done, in my 40's bridgework, root canals etc.

It was only when I reach the age of 65 that I really noticed something was drastically wrong with my physiology.

My current symptoms are sometimes fuddled thinking, short-term memory problems, I struggle with mental calculations and maths and dexterity problems such as typing words the wrong way round or characters the wrong way round and then not being able to spell the words. I get wrist joint pain off round and occasionally have brain fog.

I forget where I place things just a short while previous, I have really bad insomnia that also compounded by being type 2 diabetic so my blood sugars always tend to be fairly high and my blood pressures sort of 135 over 80 which is too high and I have great difficulty with keeping control of my weight.

I had unsafe amalgam work done all through my life especially in June 2004 where I had two large molars re filled and a Nickel bridge fitted. I developed Pulsatile tinnitus August 2004, of the same year. Also at that time I developed oral lichen Planus. I didn't make the connection

5 years ago suddenly I developed chronic fatigue couldn't and didn't want to get up, often lay in bed until midday, just tired all the time, even after sleep which was frequently broken by insomnia.

4 years ago I develop chronic fibromyalgia, gout and lots of joint pains.

I was there diagnosed with osteomyelitis from having had four wisdom teeth removed in my 20s, I had cavitat scans done which indicated chronic bone infections. I was also diagnosed with a gold salts allergy.

I underwent the operations to have my jaw bones cleaned out , sterilised and had vitamin C IV treatment.

I had two root canals removed which had grown up into my sinuses.

I had a heavy metals hair test done privately in 2013/14 which showed high levels of lead, beryllium, cadmium and a small amount of mercury and other heavy metals.

I found a dental surgeon and she specialised in safe mercury removal according to the IAOMT protocol.

She completed galvanic tests which showed I had high voltages as I had 12 mercury fillings and a number of gold crowns on top. I also had nickel bridgework

She removed 3 gold pins in the molars and replaced them with carbon fibre. She then removed all crowns, bridge work, and amalgams quadrant by quadrant. These fillings were replaced with composite zirconium over 7 month period.

Following on from that although my oral lichen Planus reduced at the time, it flared up again early part of 2018 and my local ENT surgeon completed a wings MRI scan of my jaws and located two very small amounts specs embedded deep in the gum.

He decided it was far too risky to remove these as they were so close to the inferior alveolar nerve, and he believed there was a very high risk of nerve damage and possible facial paralysis.

My dental surgeon's recommendation was to continue chelation but at a very low level. I was previously on 25 mg DMSA/ALA but was developing off round symptoms.

I had the usual vaccinations when I was young polio tetanus etc but have always refused flu shots or any other vaccinations as I am well aware adjuvants they may contain.

The supplements I am on at the moment are the standard Core 4 as recommended by the AHC protocol that is zinc, magnesium, vitamin E, and vitamin C , along with those I take vitamin B, lithium, cinnamon, (for Diabetes) molybdenum, L Theanine, Chromium Picolinate, 5 HTP, selenium Ace, Burberry, Curcumin, also CoQ10

I am on round 62, Friday 9am to Monday 3am.

Possibly my high level of Lead toxicity originated from my building work renovating very old properties .

I also used to do a lot of welding which I think was a contributing factor to the high levels of cadmium etc.

I still currently suffer from bad insomnia and high morning blood sugars, the dawn phenomena, and I'm trying to resolve my type 2 diabetes by diet and intermittent fasting.