



SEX: Male
DOB: 03/12/1981

AGE: 38

Toxic & Essential Elements; Hair

TOXIC METALS					
		RESULT µg/g	REFERENCE INTERVAL	PERCENTILE	
				68 th	95 th
Aluminum	(Al)	2.9	< 7.0		
Antimony	(Sb)	0.017	< 0.066		
Arsenic	(As)	0.059	< 0.080		
Barium	(Ba)	2.4	< 1.0		
Beryllium	(Be)	< 0.01	< 0.020		
Bismuth	(Bi)	0.009	< 2.0		
Cadmium	(Cd)	0.018	< 0.065		
Lead	(Pb)	0.54	< 0.80		
Mercury	(Hg)	0.55	< 0.80		
Platinum	(Pt)	< 0.003	< 0.005		
Thallium	(Tl)	0.001	< 0.002		
Thorium	(Th)	< 0.001	< 0.002		
Uranium	(U)	0.021	< 0.060		
Nickel	(Ni)	0.29	< 0.20		
Silver	(Ag)	0.02	< 0.08		
Tin	(Sn)	0.48	< 0.30		
Titanium	(Ti)	0.19	< 0.60		
Total Toxic Representation					

ESSENTIAL AND OTHER ELEMENTS								
		RESULT µg/g	REFERENCE INTERVAL	PERCENTILE				
				2.5 th	16 th	50 th	84 th	97.5 th
Calcium	(Ca)	1240	200- 750					
Magnesium	(Mg)	50	25- 75					
Sodium	(Na)	31	20- 180					
Potassium	(K)	12	9- 80					
Copper	(Cu)	100	11- 30					
Zinc	(Zn)	240	130- 200					
Manganese	(Mn)	0.21	0.08- 0.50					
Chromium	(Cr)	0.34	0.40- 0.70					
Vanadium	(V)	0.016	0.018- 0.065					
Molybdenum	(Mo)	0.032	0.025- 0.060					
Boron	(B)	0.30	0.40- 3.0					
Iodine	(I)	1.5	0.25- 1.8					
Lithium	(Li)	< 0.004	0.007- 0.020					
Phosphorus	(P)	133	150- 220					
Selenium	(Se)	0.55	0.70- 1.2					
Strontium	(Sr)	3.1	0.30- 3.5					
Sulfur	(S)	45700	44000- 50000					
Cobalt	(Co)	0.006	0.004- 0.020					
Iron	(Fe)	6.3	7.0- 16					
Germanium	(Ge)	0.036	0.030- 0.040					
Rubidium	(Rb)	0.022	0.011- 0.12					
Zirconium	(Zr)	0.009	0.020- 0.44					

SPECIMEN DATA		RATIOS		
COMMENTS:		ELEMENTS	RATIOS	RANGE
Date Collected: 12/05/2019		Ca/Mg	24.8	4- 30
Date Received: 12/23/2019		Ca/P	9.32	0.8- 8
Date Reported: 12/27/2019		Na/K	2.58	0.5- 10
Methodology: ICP/MS		Zn/Cu	2.4	4- 20
Sample Size: 0.199 g		Zn/Cd	> 999	> 800
Sample Type: Head				
Hair Color: Black				
Treatment:				
Shampoo: Triple Eight				

Health history for hair test 1401

1. What are your current symptoms and health history?

(In the past 20+ years)

Weight fluctuation

Extreme Fatigue

Depression - most serious between 18-25 years old was suicidal at one point

Insomnia - began since I am about 16, currently on medication (3.5mg zopiclone)

Brain Fog

Difficult in concentration

Impotent

Cold Sweats

Significant Allergies (mostly nasal, and sometimes rashes)

Weak immune system (often cold and flu)

Sinusitis

Asthma diagnosed in the past

Irritable Bowel

2. Dental history (Wisdom teeth removed and when? Any other extractions. First root canal placed? Braces? First amalgam etc...)

I had my amalgam removed by a biological dentist last year. 2 wisdom tooth removed 10+ years ago by a regular dentist, 1 removed last year by a biological dentist. First amalgam 10 years ago.

3. What dental work do you currently have in place? What part of the dental clean-up have you completed?

No amalgam in my mouth. no root canal.

4. What dentistry did your mother have at any time before or during pregnancy?

Unknown at the moment

5. What vaccinations have you had and when (including flu and especially travel shots)?

a few flu shots in the past few years, Tuberculosis and others unknown when I was a kid.

6. Supplements and medications (including dosages) taken at time of hair test, or for the 3-6 months before the sample was taken?

Multivitamin 1-2 tablets per day

Vitamin B & C complex 1-2 tablets per day

Calcium Magnesium 1-2 tablets per day
Pea Protein 15grams per day
Omega 3 fish oil 1-2 tablets per day
Intestinal flora 1-2 tablets per day
Co Q10 and Milk thistle: 1-2 tablets per week

Medication: (current)zopiclone 3.5mg for sleep (for about 10+ years), past not now: many antidepressants, antibiotics for sinusitis, asthma inhale medicine for several months, shots for allergy.

I have the following food allergies to:

All animal Dairy including cheese and yogurt, All animal Eggs, Soy bean

7. What is your age, height and weight?

I am 38 years old, slightly brown skin, Chinese ethnicity, Height of 172cm, weight 72kgs.

8. Other information you feel may be relevant?

My diet is mainly fresh juices vegetables some meat and white rice. I try to stay away from artificial food. I dont drink alcohol or smoke.

I work in a factory and is somewhat expose to pollutants.

My mother have serious depression, and suicidal in the past. thyroid problems, overweight, borderline diabetic

My father, grandfather, 2 uncles have heart disease, heart attack in the past.

I am on coffee enema daily for 3 years and although felt rough and enlarged symptoms in the process, overall felt improvement

9. What is your location – city & country (so that we can learn where certain toxins are more prevalent)

I live in Hong Kong and Guangdong China, and work in a city in China called Zhaoqing, where food pollution is prominent and unknown and which have plenty of industrial pollution.

I am new but is ready to do what it takes to start the ACC therapy.

Thank you again and am grateful and glad to had found this group which may let me to live my life again! Let me know if you need any further information.