

**Parasite Cleanse Chart**

	<b>Black Walnut Hull Tincture Extra Strength Dose or Freeze Dried Capsules</b>	<b>Wormwood Capsule Dose (200-300mg)</b>	<b>Clove Capsule Dose (500mg)</b>
Day	1 time per day, like before a meal, in 1/2 cup of water	capsules 1 time per day, on empty stomach (before meal)	capsules 3 times a per day, like at mealtime
1	1 drop/ or 1 capsule	1	1,1,1
2	2 drops/ or 1 capsule	1	2,2,2
3	3 drops/ or 1 capsule	2	3,3,3
4	4 drops/ or 1 capsule	2	3,3,3
5	5 drops/ or 1 capsule	3	3,3,3
6	2 tsp./ or 2 capsules	3	3,3,3
7	Now once a week indefinitely	4	3,3,3
8		4	3,3,3
9		5	3,3,3
10		5	3,3,3
11		6	7
12		6	Now once a week
13	2 tsp. / or 2 capsules	7	
14		7	
15		7	
16		7	
17		Now once a week	
18			7

Thus for the initial program you require: 9 capsules Black walnut (or 50ml); 68 Wormwood capsules and 88 Clove capsules.

At this point you do not need to keep a strict schedule, but instead may choose any day of the week to take all the parasite program ingredients at once. It is often tolerated best just before lunch.