

## **dr. hulda clark's herbal parasite cleanse**

Flatworms, roundworms, protozoa, even bacteria and viruses are remarkably easy to kill using a combination of zapping and this herbal program. Thus it is not just for cancer, but a general treatment that can benefit almost every illness

Ingredients needed:

- Black Walnut Hull Tincture Extra Strength
- Wormwood capsules (200-300mg of wormwood per capsule)
- Cloves capsules (500mg per capsule)
- Ornithine

1.) Black Walnut Hull Tincture (see Recipes pg. 534 CFAD):

Day 1: (this is the day you begin; start the same day you receive it)  
Take one drop. Put it in ½ cup of water. Sip it on an empty stomach such as before a meal.

Day 2: Take 2 drops in ½ cup water same as above.

Day 3: Take 3 drops in ½ cup water same as above.

Day 4: Take 4 drops in ½ cup water same as above.

Day 5: Take 5 drops in ½ cup water same as above.

Day 6: Take 2 tsp., all together in ¼ cup water. Sip it, don't gulp it. Get it down within 15 minutes.  
(If you are over 150 pounds, take 2½ tsp. Do not take more than 3 tsp. because no additional value has been observed.)

This dose kills any remaining stages throughout the body, including the bowel contents, a location unreachable by electric current. The alcohol in the tincture can make you slightly woozy for several minutes. Simply stay seated until you are comfortable again. You may put the tincture in lukewarm water to help evaporate some of the alcohol, but do not use hot water because that may damage its parasiticide power. Then take niacinamide 500 mg to counteract the toxicity of the alcohol. You could also feel a slight nausea for a few minutes. Walk in the fresh air or simply rest until it passes. You may add more water or honey or a spice to make it more palatable.

For a year: take 2 tsp. Black Walnut Hull Tincture Extra Strength every week or until your illness is but a hazy memory. This is to kill any parasite stages you pick up from your family, friends, or pets.

Family members and friends should take 2 tsp. every other week to avoid reinfesting you. They may be harboring a few parasite stages in their intestinal tract without having symptoms. But when these stages are transmitted to a cancer patient, they immediately seek out the cancerous organ again.

You may be wondering why you should wait for five days before taking the 2 tsp. dose. It is for your convenience only. You may have a sensitive stomach or be worried about toxicity or side effects. By the sixth day you will have convinced yourself there is no toxicity or side effects.

Going faster. In fact, if you are convinced after the first drop of the restorative powers of Black Walnut Hull Tincture Extra Strength, take the 2 tsp. dose on the very first day.

Going slower. On the other hand, if you cringe at the thought of taking an herb or you are anxious about it's safety, continue the drops, increasing at your own pace, until you are ready to brave the decisive 2 tsp. dose.

2.) Wormwood capsules (should contain 200-300 mg of wormwood, see Sources):

Day 1: Take 1 capsule before supper (with water).  
Day 2: Take 1 capsule before supper.  
Day 3: Take 2 capsules before supper.  
Day 4: Take 2 capsules before supper.

Continue increasing in this way to day 14, whereupon you are up to seven capsules. You take the capsules all in a single dose (you may take a few at a time until they are all gone). Then you do 2 more days of 7 capsules each. After this, you take 7 capsules once a week forever, as it states in the Maintenance Parasite Program. Try not to get interrupted before the 6th day, so you know the adult intestinal flukes are dead. After this, you may proceed more slowly if you wish. Many persons with sensitive stomachs prefer to stay longer on each dose instead of increasing according to this schedule. You may choose the pace after the sixth day.

3.) Cloves

Fill size 00 capsules with fresh ground cloves; if this size is not available, use size 0 or 000. In a pinch, buy gelatin capsules and empty them or empty other vitamin capsules. You may be able to purchase fresh ground cloves that are already encapsulated; they should be about 500 mg. Grocery store ground cloves do not work! Either grind them yourself or see Sources.

Day 1: Take one capsule 3 times a day before meals.  
Day 2: Take two capsules 3 times a day.  
Days 3 till 10: Take three capsules 3 times a day.  
After day 10: Take 7\* capsules all together once a week forever, as in the Maintenance Parasite Program. (\* note original notes say 3 capsules - updated work requires 7)

Added note: Take ornithine at bedtime for insomnia. Even if you do not suffer from insomnia now, you may when you kill parasites. Take 2 x 500mg capsules the first night, 4 capsules the second night and 6 capsules the third night, and see what dose you sleep best on. Ornithine mops up ammonia released from parasites and allows you restful sleep. It is not essential to the parasite cleanse and can be omitted without danger.

### Parasite Cleanse Handy Chart

	<b>Black Walnut Hull Tincture Extra Strength Dose</b>	<b>Wormwood Capsule Dose (200-300mg)</b>	<b>Clove Capsule Dose (500mg)</b>
Day	1 time per day, like before a meal, in 1/2 cup of water	capsules 1 time per day, on empty stomach (before meal)	capsules 3 times a per day, like at mealtime
1	1 drop	1	1,1,1
2	2 drops	1	2,2,2
3	3 drops	2	3,3,3
4	4 drops	2	3,3,3
5	5 drops	3	3,3,3
6	2 tsp.	3	3,3,3
7	Now once a week	4	3,3,3
8		4	3,3,3
9		5	3,3,3
10		5	3,3,3
11		6	7
12		6	Now once a week
13	2 tsp.	7	
14		7	
15		7	
16		7	
17		Now once a week	
18			7

At this point you do not need to keep a strict schedule, but instead may choose any day of the week to take all the parasite program ingredients.

### Maintenance Parasite Program

YOU ARE ALWAYS PICKING UP PARASITES! PARASITES ARE EVERYWHERE AROUND YOU! YOU GET THEM FROM OTHER PEOPLE, YOUR FAMILY, [NCW332] YOURSELF, YOUR HOME, YOUR PETS, UNDERCOOKED MEAT, AND UNDERCOOKED DAIRY PRODUCTS.

I believe the main source of the intestinal fluke is undercooked meat. After we are infected with it this way, we can give it to each other through blood, saliva, semen, and breast milk, which means kissing on the mouth, sex, nursing, and childbearing.

Family members nearly always have the same parasites. If one person develops cancer or HIV, the others probably have the intestinal fluke also. These diseases are caused by the same parasite. They should give themselves the same de-parasitizing program.

Do this once a week. You may take these at different times in the day or together:

1. Black Walnut Hull Tincture Extra Strength: 2 tsp. on an empty stomach, like before a meal.

2. Wormwood capsules: 7 capsules (with 200-300 mg wormwood each) at once on an empty stomach.
3. Cloves: 7\* capsules (about 500 mg. each, or fill size 00 capsules yourself) at once on an empty stomach. (\* note original notes say 3 capsules - updated work requires 7)
4. Take ornithine as needed.

The only after-effects you may feel are due to bacteria and viruses escaping from dead parasites! Be sure to zap after taking your maintenance parasite treatment. After-effects also let you know that you did indeed kill something. Try to discover how you might have picked up parasites and avoid them next time.

Added note:

These herbs are highly effective against most parasites but are much less effective against bacteria, viruses and fungi, that exist in your body or that are released from the bodies of dead parasites. These must be destroyed electrically by using the Zapper. That is why the absolute bare minimum treatment to clear parasites is to take 2 teaspoons of Black Walnut Tincture and to zap once a week. All members of the family should do this if they do nothing else.

Since so many viruses, bacteria and prions are released from dying parasites when beginning the herbal parasite program you are strongly advised to use a zapper during this process.

Also note that as long as you have un-addressed dental issues, Liver/Gall stones and Kidney stones etc. you are providing parasites with "safe havens" that are not penetrated by the parasite herbs, the Zapper or your own Immune system to any significant degree. That is why the other cleanses are so essential, as these areas can be sources of constant re-infection inside of yourself!

Store Black walnut Tincture in the freezer after opening. Don't buy large bottles as it will oxidize and be rendered ineffective. Make sure it is dark green and not black in colour. If black it was made incorrectly and is not effective.